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*Pain Woman Takes Your Keys and
Other Essays from a Nervous System*
by Sonya Huber

Pain, though a universal element of human experience, is dimly understood and sometimes barely managed. Huber moves away from a linear narrative to step through the doorway into pain itself, exploring its airless and constraining world. A must read for those with depression, fibromyalgia, rheumatoid arthritis, or other chronic conditions—or for their family and friends.

